

2016 Grant Recipients

Total Amount Awarded: \$301,920 Grant

Awards

STATEWIDE

Alaska Afterschool Network (\$6,857)

Alaska Children's Trust

Alaska Afterschool Network is a coalition of nonprofit, private, tribal and government organizations that promote high-quality afterschool programs as a critical component in the positive development of Alaska's youth. Afterschool programs play a critical role in developing the project factors youth need to be resilient in the face of trauma.

Alaska Resiliency Initiative (\$25,000)

Alaska Children's Trust

The Alaska Resiliency Initiative is a partnership of nonprofit, private, tribal and government organizations that promotes community empowerment to support and respond to the needs of individual families and children. Their goal is to advance the dialogue in our state on Adverse Childhood Experiences (ACEs), toxic stress in childhood and how communities can prevent ACEs and build resilience. To build community awareness across the state.

Building Social Emotional Learning Competencies (\$5,000)

Camp Fire Alaska

There are two goals that are critical to staff's capacity to improve school age program quality for positive youth outcomes: (1) their ability to build positive relationships, and (2) their proficiency to establish/maintain a positive social/emotional climate at site. This includes self-awareness, self-management, social awareness, and goal-directed behavior for staff with specific applications of these skills for youth programs. To achieve these goals, staff must learn about their own social emotional learning competencies before they can see those positive outcomes in the youth. The funds will be utilized to support the necessary training for staff to reach these two goals.

Culturally Responsive Social and Emotional Learning (\$50,000)

Association of Alaska School Boards

The goal of the project is to build resiliency, social and emotional skills, protective factors, and reduce risk of high need students of Alaska by developing effective, culturally, responsive, social and emotional skill-building processes at the district, community, school, classroom and individual level. Project will serve K-12 students in 15 schools in six rural districts (Bering Straits, Kake, Kuspuuk, Lower Kuskokwim, Nome Public Schools and Sitka).

Pick Click Give (\$12,500)*Alaska Community Foundation*

Funding supported the statewide awareness and marketing campaign for the Permanent Fund Dividend (PFD) Charitable Contributions Program.

Safe Children's Trask Force/Erin's & Bree's Law (\$25,000)*State of Alaska*

Alaska's Safe Children's ACT consists of two different pieces of legislation - also known as Erin's Law and Bree's Law. These laws stipulate that school districts in Alaska must train employees and students on sexual abuse prevention (K-12), dating violence and abuse prevention (grades 7-12). Funds will be utilized to help institute the Safe Children's Act.

Statewide Conferences and Outreach Activities (\$18,063)*Various Organizations*

- Alaska Community Action on Toxics
- Alaska Public Health Association
- All Alaska Pediatric Partnership
- AVEC (Association for the Education of Young Children)
- Bruchell High School
- Fairbanks Girl Scouts
- First Alaskan's – Elders and Youth Conference
- Help Me Grow
- Spirit of Youth
- Stone Soup Group
- Thrive Summit – Ketchikan
- Trick or Treat Town
- UAA School of Nursing

Strengthening Families Toolkit for Primary Care Providers (\$10,000)*All Alaska Pediatric Partnership*

AAPP will create a Strengthening Families toolkit to support the work of local pediatricians and primary care providers. The toolkit will give pediatric and primary care practices a succinct way to increase their effort to reduce the cases of child maltreatment by increasing their understanding and implementation of the Strengthening Family model.

Strengthening Families within the Tribal Community (\$10,000)*The Native Village of Unalakleet*

The community identified a need to enhance child abuse prevention efforts through increased family preservation strategies. These strategies include: increasing parent education and support to improve parenting skills and resiliency; increasing parent/child interactions to strengthen family bonds; and increasing social connections to the larger tribal community to provide a broad-base of support for at-risk families and children. The program will increase ICWA program staff time focused on developing strategic child abuse prevention efforts. Efforts will include hosting several cultural events for families and community members to come together, bringing in Elders and Tribal Leaders. Staff will also administer the distribution of monthly food supplement packages to families in need, as well as improve parenting classes and build on in-home family supports services.

Statewide Strengthening Families Framework and Pyramid Model Training (\$10,000)

thread

As the statewide lead for childcare, thread will use the grant to enhance their training and support to early childhood development professionals. The majority of professionals working in child care are typically young adults with little to no secondary education. A key area of training needed identified by these professionals is better understanding of challenging behaviors, positive guidance and discipline, and social-emotional support for both children and families. By expanding trainings on the Strengthening Families Framework and Pyramid Model, thread will help early educators develop their skills to support young children.

NORTHERN

Family Engagement Activities (\$1,000)

Nome Community Center

Nome Community Center will offer a once per month activity for the community called Family Fun Day/Night. These types of events reinforce the parent-child interaction. The event encourages parent resilience through modeling and general interaction in a fun, relaxed environment. In an indirect way, parents and youth build healthy social competencies, and help families engage in healthy ways with each other.

Community-Based Education and Support (\$10,000)

Resource Center for Parents and Children

RCPC will offer three community-based parenting and education programs. Parents will have exposure to the Strengthening Families Program, Scream Free Parenting, and Circle of Security training. The Strengthening Families Program is an evidence-based educational program which teaches parenting skills, children's life skills, and positive family dynamics. Scream Free Parenting is a parenting education program that teaches parents how to relate to their children in a calm, cool, and connected way as opposed to being emotionally reactive. Circle of Security is an early intervention program that provides parents with the skills to understand their children's behavior, and the skills to understand and regulate their own cognitive, affective, and behavioral responses to their children. For those who cannot attend these classes, they also provide an individualized and interactive way for parents to receive support and education.

Our Voices will Be Heard (\$5,000)

Fairbanks Arts Association

Our Voices Will Be Heard is a powerful mother- daughter journey that reveals how generations face the choice of continuing to perpetuate—or disrupt—family violence. Through the lens of fiction, and the palette of Alaska Native Storytelling, the playwright, Vera Starbard, tells the true story of her mother's strength against impossible pressure. Our Voices Will Be Heard weaves together legend and truth in a fierce call for healing and forgiveness.

SOUTHCENTRAL

AWAIC Window between Worlds (AWBW) (\$6,710)

Abused Women's Aid in Crisis (AWAIC)

AWAIC will provide training for their Children's Advocates utilizing the "A Window Between Worlds" (AWBW) program. AWWB is an art therapy program with the mission to use art as a healing tool to empower and transform individuals and communities impacted by violence and trauma. Their vision is to create a place "where art is a catalyst to release trauma, build resilience and ignite social change to end domestic violence, child abuse, sexual assault and intimate partner violence. After staff are trained, AWAIC will begin facilitating groups focused on art therapy and the healing process, in both children's groups and in weekend Family Group.

BACA 2016 (\$2,839)

Bikers Against Child Abuse

BACA exists with the intent to create a safer environment for abused children with a mission to empower children to not feel afraid of the world in which they live. All members of BACA pass an extensive background check prior to being teamed up with a child who has experienced abuse. Two BACA members are signed to each child and provide them with escorts to court, support during difficult times and a sense of security when feeling unsafe. With four levels of intervention, BACA's members team up with a child who has experienced abuse.

Crisis Response Canines (\$500)

Victims for Justice

Provides trained crisis response canines to assist client recovery through comfort and nonjudgmental closeness. These dogs support children who have experienced child abuse and neglect during and after the crisis occurs.

Girls' Circle (\$1,000)

YWCA – Anchorage

Alaska youth Circle program is a nationally recognized evidence-based intervention program for young people that builds developmental assets, increases their social and emotional learning abilities, and is part of a city-wide strategy to increase graduation rates and lower risk behaviors for Anchorage youth.

Grown-Ups Protecting Children (\$10,000)

South Peninsula Haven House, Inc.

Haven House will hire a part-time Child Abuse Prevention Specialist who will partner with schools, community agencies, child care providers, sports clubs and activity groups. The Specialist will provide education to parents and organizations about concrete actions they can take to protect children from abuse and what to do if abuse is suspected or disclosed. It will incorporate knowledge from the Adverse Childhood Experiences study, trauma-informed principles, and will be based on different curriculum such as Darkness to Light's Stewards of Children.

Increasing Access for Parent Support (\$10,000)

Sprout Family Services

Funds will be utilized to provide parents with information and resources using a three pronged approach: (1) offer parenting classes utilizing the Circle of Security program which will include childcare, (2) increase access to tangible resources for families through an electronic update of toys and equipment available to check out, and (3) complete a sustainability plan for Homer's Early Childhood Coalition.

Keys to Life Hiland Mountain Correctional Center Lullaby Project (\$10,000)

Keys to Life

Prison offers little or no opportunity for mothers to learn and practice positive interactions and communication with their children, and in fact prison often impedes attachment. The most important predictor of how well the child will adjust to a separation is the quality of parent- child relationship. The Lullaby Project will provide mothers the opportunity to develop and maintain a relationship with their children while incarcerated. The project will pair mothers at Hiland Mountain Correctional Center with musicians to write a personal lullaby for their children. The lullabies will be given to the children so they can have a continual connection with their mother.

Parent Supportive Services (\$10,000)

Cordova Family Resource Center

Parent Supportive Services will provide services to families within the child welfare system. The goal of the program is to decrease the incidents of risk, harm, & abuse of children, prevent out- of-home placements, & improve daily family life in general. They work closely with at-risk children and parents so families can receive added support and skills training to assist them to maintain a healthy family unit while remaining in their community whenever possible. The program includes but is not limited to a 24-hour helpline, parenting classes, weekend visits, education on trauma and resilience and support to navigate the child welfare system.

Safe Families for Children Alaska (\$10,000)

Beacon Hill

Safe Families for Children is a community-based and volunteer driven program focused on providing a safe and temporary home for children during crisis. At times, a family in crisis needs help caring for their children while the parents address the issue. Safe Families for Children connect families in crisis with a host family who provides a safe supportive environment for the children without child welfare/state intervention. Unlike traditional foster homes, host families build a relationship with the parents that lasts long after the crisis has passed and the child has returned home.

Stalking the Bogeyman (\$3,000)

University of Alaska Anchorage

An American play by Markus Potter and David Holthouse. It is based upon David Holthouse's Westword newspaper article, where Holthouse wrote about how he had once planned to kill his childhood rapist. Play ran during National Child Abuse Prevention month (April).

SOUTHEAST

Baby Boxes (\$5,000)

Bartlett Hospital

Design and implementation of a baby box that will be provided to all newborns. The box is a safe sleep surface for the baby and contains content to promote safe sleep and breastfeeding. In addition, the box will include parental resources.

Juneau Parents As Teachers (\$10,000)

AEYC-SEA

Juneau Parents As Teachers is a home visiting model that successfully increases protective factors in families at risk. Plus, it is a powerful intervention at a time when parents are most receptive to breaking the cycle of their own adverse childhood experiences, during the most critical time in the child's development. The program will provide families with monthly parenting/support group sessions and all children under 3 will receive hearing, vision, social emotional, and developmental screenings.

THRIVE Ketchikan (\$10,000)

Women in Safe Homes

In February 2016, THRIVE hosted a community gathering to discuss trauma and resilience. Through this gathering, the community of Ketchikan started their journey to become a trauma-informed community. This grant will support their efforts to continue their work to becoming trauma-informed. Over the next year, the community will host four community dialogues focused on trauma and resilience. These dialogues will help to shape their plan to become a trauma-informed community.

Trauma-Informed Care Teach Our Communities (\$5,000)

Community Connections

The Project is a pilot three-day community awareness event focused on providing an educational framework focused on adverse childhood experiences and resilience. The three-day event will include experts from across the state discussing trauma and resilience, viewing of the documentary of Paper Tigers, and an opportunity for the community to explore ways they can reduce trauma and build resilience. In addition, Community Connections will host a monthly community outreach meeting beginning in the summer of 2016. The meetings will be held in the Craig Community Connections conference space and will be a potluck style gathering. Staff will present basic trainings and resource handouts surrounding trauma-informed care. The meetings will also provide a safe environment for parents and community members to seek guidance and support from each other.

Trauma-Informed School (\$10,000)

Riverbend Elementary -Juneau

Over the past few years, Riverbend Elementary has been working towards becoming a trauma-informed school. ACT funds are being leveraged with funding from the Juneau Community Foundation to continue their work towards becoming trauma-informed. Funds will be utilized to further educate staff, enhance protective factors that promote resiliency, and provide case management to students with an ACE score of 3 or higher.

WESTERN

Circle of Security Training (\$9,451)

Kodiak Area Native Association

The Kodiak Area Native Association will provide two Kodiak based and one village based parenting skills training using the Circle of Security program. The Circle of Security model, a relationship based early intervention program designed to enhance attachment security between parents and children. Parents receive training on identifying their children's needs and determining if their responses are able to meet those needs. Parents are led through a series of videos and reflective discussions each week to strengthen their relationship capacity. Two facilitators are present to lead the discussions.